

Station 1 Evaluation Form

August 2023 - May 2024

General Items

Did the candidate:

1. greet the patient?
2. properly wash their hands for 20 seconds and dry them completely?
3. properly clean any equipment that will come into contact with the patient's face?

SKILL 1, CASE HISTORY / PATIENT COMMUNICATION

Did the candidate inquire about the following case history elements:

A. Patient Chief Complaint

4. confirm the patient's chief complaint?
5. question the patient about the chief complaint to obtain at least 4 of the following HPI elements: location, quality, severity, duration, timing, context, modifying factors, associated signs/symptoms?

B. Patient Other Complaint(s) / Symptoms

6. any other patient complaint(s)?

C. Ocular Health

7. date of the last eye exam?
8. diagnosis of any eye condition(s) at last eye exam?
9. any treatment at last eye exam?
10. specific type of glasses or contacts being worn?
11. age of current correction?
12. any other past ocular injuries/infections, surgeries and/or abnormalities?
13. date of diagnosis for any other past ocular injuries/infections, surgeries and/or abnormalities?
14. what treatment was given for any other past ocular injuries/infections, surgeries and/or abnormalities?
15. explore the family ocular history (what/who)?

D. Medical Health

16. date of the last medical exam?
17. confirm any current medical condition(s)?
18. length of the patient's current medical condition(s)?
19. type of treatment for the patient's current medical condition(s)?
20. current dosage of medication(s)?
21. compliance with medication(s)?
22. any other medications?
23. confirm recommended follow-up interval for any medical condition(s)?
24. allergic to anything?
25. type of reaction experienced with the patient's allergy?

26. explore the family medical history (what/who)?

E. Social History

27. occupation?

28. avocation?

29. any substance use and type?

30. frequency and amount of substance that is used?

F. Interpretation of Case History Data

31. accurately state the best tentative diagnosis for the chief complaint, as you would record it in a patient record?

32. state at least two case history findings which accurately support your tentative diagnosis?

Pertaining to the manner in which the case history was conducted, did the candidate:

33. ask the questions in a clear, concise manner?

34. ask the questions in a logical sequence based on the information solicited?

35. ask questions in a non-judgmental manner?

36. avoid using jargon that might confuse the patient?

37. show non-verbal attentiveness to the patient's responses (use eye contact, appear interested, not bored)?

38. treat the patient with courtesy and respect?

SKILL 2, PATIENT EDUCATION

Did the candidate:

39. ask the patient if they have any questions?

40. accurately describe the condition and how it affects the eyes/vision (2 facts/details)?

41. accurately describe preventative, diagnostic and/or treatment options (3 facts/details)?

42. accurately describe prognosis, interval and/or follow up (2 facts/details)?

43. ask the patient if they have any further questions or concerns?

Pertaining to the manner in which the patient education was conducted, did the candidate:

44. present the information in a logical sequence?

45. avoid using jargon that might confuse the patient?

46. avoid being excessively repetitive?

47. treat the patient with courtesy and respect?

SKILL 3, NEAR COVER TEST AND NEAR POINT OF CONVERGENCE

Did the candidate:

48. provide proper illumination?

49. ask if the patient wears glasses for reading?

50. explain the purpose of the procedures to the patient?

PROCEDURE 1-In performing Near Cover Test, did the candidate:

51. select an appropriate near fixation target to control accommodation (< or = 20/40 letter)?

52. provide proper instructions to the patient (including keeping the target clear)?

53. place the target at 40 cm in the primary position of gaze?

54. properly detect the potential presence of strabismus (unilateral cover test)?

55. properly detect the potential presence of heterophoria (alternating cover test)?

56. properly neutralize any motion with prism, or confirm orthophoria using 2-4pd BI and BO?

57. accurately state the obtained findings (e.g., "3 pd eso" or "6 pd exo" and "phoria" vs. "tropia")?

PROCEDURE 2-In performing Near Point of Convergence, did the candidate:

- 58. properly perform and repeat Near Point of Convergence?
- 59. accurately state objective findings?

Did the candidate:

- 60. perform both procedures in a smooth and logical sequence?
- 61. educate and explain their findings to the patient (avoid using jargon)?

SKILL 4, BINOCULAR EXTRAOCULAR MUSCLE MOTILITY AND BINOCULAR HORIZONTAL SACCADIC EYE MOVEMENT EVALUATION

Did the candidate:

- 62. explain the purpose of the procedures to the patient?

PROCEDURE 1-In performing Binocular Extraocular Muscle Motility, did the candidate:

- 63. select a proper fixation target (unobstructed transilluminator or penlight)?
- 64. provide proper instructions to the patient?
- 65. evaluate all 6 cardinal positions of gaze (up right, right, down right, up left, left, down left)?
- 66. accurately state the obtained findings?

PROCEDURE 2-In performing Binocular Horizontal Saccadic Eye Movement, did the candidate:

- 67. properly evaluate binocular horizontal saccades?
- 68. accurately state the obtained findings?

Did the candidate:

- 69. perform both procedures in a smooth and logical sequence?

SKILL 5, STATIC PERIPHERAL CONFRONTATION VISUAL FIELDS

Did the candidate:

- 70. explain the purpose of the procedure to the patient?
- 71. select an appropriate fixation target approximately 1 meter from the patient?
- 72. provide proper instructions to the patient (including maintaining fixation for each eye)?
- 73. use proper room illumination?
- 74. set up the test properly, covering an eye, and targets (fingers) should be presented equidistant from candidate to patient?
- 75. present static fingers (1 or 2) in all four quadrants to each eye?
- 76. accurately state obtained findings?
- 77. perform the procedure in a smooth and logical sequence?

SKILL 6, PUPIL TESTING

Did the candidate:

- 78. explain the purpose of the procedure to the patient?
- 79. provide proper instructions to the patient, including appropriate fixation?

Did the candidate properly measure and state the:

- 80. pupil size OD under normal room illumination?
- 81. pupil size OS under normal room illumination?
- 82. pupil size OD under dim room illumination?
- 83. pupil size OS under dim room illumination?

Did the candidate:

84. properly perform the direct pupillary light response?
85. accurately state the obtained direct pupillary light finding?
86. properly perform the consensual pupillary light response?
87. accurately state the obtained consensual pupillary light finding?
88. properly perform the swinging flashlight test?
89. accurately state the obtained swinging flashlight test finding?
90. properly evaluate the near pupillary response?
91. accurately state the obtained near pupillary response?
92. perform the procedure in a smooth and logical sequence?

SKILL 7, BLOOD PRESSURE MEASUREMENT

Did the candidate:

93. explain the purpose of the procedure to the patient?
94. properly state that the position of the arm should be supported horizontally at or about heart level?
95. state that they would adjust the patient's sleeve properly (artery not compressed; may be performed over loose, thin clothing)?
96. properly position the sphygmomanometer on the patient's arm?
97. properly position the stethoscope earpieces?
98. properly place the diaphragm of the stethoscope on the arm?
99. increase the sphygmomanometer pressure properly (200 mmHg maximum)?
100. reduce the sphygmomanometer pressure at a slow and steady rate, 2-3 mmHg per second?
101. accurately state the systolic finding as auscultated during cuff deflation (Korotkoff Phase I)?
102. accurately state the diastolic finding as auscultated during cuff deflation (Korotkoff Phase V)?
103. remove blood pressure cuff from arm?
104. perform the procedure in a smooth and logical sequence?

SKILL 8, OPHTHALMIC LENS EVALUATION

Did the candidate accurately determine for the progressive spectacles:

105. distance portion power OD?
106. distance portion power OS?
107. distance between the distance optical centers?
108. progressive addition ("Add") power OD?
109. progressive addition ("Add") power OS?
110. progressive fitting height OD?
111. progressive fitting height OS?

Did the candidate accurately determine for the single vision spectacles:

112. power OD?
113. power OS?
114. direction of vertical prism in the spectacles?
115. magnitude of vertical prism in the spectacles?
116. base curve OD?
117. base curve OS?
118. vertical size of the lens OD (B dimension)?
119. vertical size of the lens OS (B dimension)?

SP SCORING

Did the candidate:

120. greet you in a professional manner?
121. provide an understandable explanation for the purpose of the skills?
122. provide you with clear instructions throughout the station?
123. perform the station skills in a smooth and efficient manner?
124. maintain a professional demeanor during the timed portion?
125. maintain proper hygiene throughout the station?