SKILL 1, SUTURING

Did the candidate:

1. greet the patient?
2. wash his/her hands properly and dry them completely?
3. review history and point out pertinent clinical findings as indication to perform the procedure?
4. state would obtain informed consent?

With respect to the pre-operative documentation, did the candidate:

5. state the pre-operative diagnosis?
6. state the proper procedure to be performed?
7. state the proper operative eye?
8. confirm allergies, systemic and ocular medications?

Did the candidate:

9. explain the purpose of the procedure to the patient?
10. ask the patient if he/she has any questions prior to proceeding?
11. state that blood pressure should be measured?

With respect to the interrupted suture, did the candidate:

12. properly put on non-sterile gloves?
13. properly anesthetize wound area with lidocaine using preloaded syringe?
14. demonstrate and state how to inspect and rinse the lesion?
15. properly sterilize the field?
16. properly put on sterile gloves?
17. properly adhere a sterile drape prior to the procedure?
18. demonstrate and verbalize that the patient is properly anesthetized?
19. properly load needle onto needle driver/holder?
20. hold the needle with appropriate positioning?
21. accurately position the first suture?
22. introduce needle at appropriate angle?
23. advance through the tissue in appropriate fashion?
24. bring the needle tip to the place where you intend to bring it out on the other side?
25. pull the suture through?
26. keep the suture parallel to the direction of the entry-exit line?
27. appropriately perform the first throw?
28. appropriately perform second throw?
29. appropriately perform final throw?
30. obtain appropriate trim length of suture?
31. appropriately repeat steps for second suture?
32. appropriately repeat steps for third suture?
33. maintain adequate distance between sutures?
34. appropriately close the wound?
35. dispose of needle into sharps container and return all instruments to tray?
36. maintain needle safety throughout the procedure?
37. maintain aseptic technique throughout the procedure?
38. perform the procedure in a smooth and logical manner?

With respect to the dictation of a post-operative note, did the candidate:

- 39. state procedure eye?
- 40. state how patient tolerated the procedure?
- 41. state patient disposition post-treatment?

Regarding post-operative patient education, did the candidate:

- 42. give the patient proper post-operative home care instructions including medication?
- 43. give the patient proper return to clinic instructions?
- 44. give the patient emergency office contact information?
- 45. ask the patient if he/she has any questions before leaving office?

Regarding suture removal, did the candidate:

- 46. appropriately remove the sutures?

**SKILL 2, CHALAZION EXCISION**

Did the candidate:

- 47. explain the purpose of the procedure to the patient?
- 48. ask the patient if he/she has any questions prior to proceeding?
- 49. confirm allergies?
- 50. state that blood pressure should be measured?
- 51. state use of topical ophthalmic anesthesia?
- 52. state use of ophthalmic Betadine?
- 53. properly put on non-sterile gloves?

Using the eyelid model, did the candidate:

- 54. clean skin with alcohol prep pad?
- 55. appropriately mark chalazion before injecting?
- 56. inject 0.3-0.5cc lidocaine 1%/epinephrine 1:200,000 adjacent to chalazion using preloaded syringe?
- 57. apply digital massage to spread anesthesia?
- 58. apply chalazion clamp and appropriately evert eyelid of model?

On the chalazion model, did the candidate:

- 59. move to chalazion model and properly make incision through center of chalazion?
- 60. properly remove the capsular contents with curette?
- 61. state would attempt to identify and remove fibrotic capsule?
- 62. properly rinse lesion with saline?
- 63. properly remove clamp from model and return all instruments to tray?
- 64. demonstrate how to apply pressure in order to achieve hemostasis?
- 65. palpate to be certain the mass is fully excised?
- 66. properly apply antibiotic ointment?
- 67. maintain safety throughout the procedure?
- 68. maintain aseptic technique throughout the procedure?
69. perform the procedure in a smooth and logical manner?

**With respect to the dictation of a post-operative note, did the candidate:**

70. state procedure eye?
71. state how patient tolerated the procedure?
72. state patient disposition post-treatment?

**Regarding post-operative patient education, did the candidate:**

73. give the patient proper post-operative home care instructions including medication?
74. give the patient proper return to clinic instructions?
75. give the patient emergency office contact information?
76. ask the patient if he/she has any questions before leaving office?