General Items

Before the first skill, did the candidate:

1. greet the patient?
2. soak the tonometer probe, gonio lens, and forceps contact side down for at least 3 minutes?
3. properly wash his/her hands and dry them completely?
4. properly clean the forehead and chin rests on the biomicroscope?

After the first skill, did the candidate:

5. thoroughly rinse (for 5 seconds) the tonometer probe, gonio lens, and forceps using sterile saline, then thoroughly dry them using Kim® wipes?
6. after rinsing instruments, properly wash his/her hands and dry them completely?

SKILL 9, BIOMICROSCOPY

Did the candidate:

7. explain the purpose of the procedure to the patient?
8. prepare the biomicroscope correctly (focus eyepieces, set up illumination system, magnification)?
9. properly examine the entire upper and lower lids and lashes?
10. accurately describe the upper and lower lids and lashes?
11. properly examine the entire upper and lower lid margins and lower puncta?
12. accurately describe the upper and lower lid margins and lower puncta?
13. properly examine the entire inferior palpebral conjunctiva (using lower lid eversion)?
14. accurately describe the inferior palpebral conjunctiva?
15. properly examine the entire superior palpebral conjunctiva (using upper lid eversion)?
16. accurately describe the superior palpebral conjunctiva?
17. properly examine the entire bulbar conjunctiva and sclera?
18. accurately describe the bulbar conjunctiva and sclera?
19. properly examine the entire cornea using a parallelepiped?
20. properly examine the entire cornea using an optic section?
21. accurately describe the cornea (epithelium, stroma, endothelium)?
22. properly assess the temporal anterior chamber angle using the Van Herick technique?
23. accurately describe the temporal anterior chamber angle findings using the Van Herick technique?
24. properly examine the entire iris?
25. accurately describe the iris?
26. properly perform iris retroillumination?
27. accurately describe iris retroillumination?
28. properly examine the anterior chamber for cell and flare (dark room illumination, bright slit lamp beam, high magnification, short parallelepiped 1x3 mm, illumination beam angle approximately 45 degrees)?
29. accurately describe the anterior chamber for cell and flare?
30. examine the ocular tissues in a smooth, logical sequence?
31. properly instruct the patient throughout the procedure?

SKILL 10, GOLDMANN APPLANATION TONOMETRY

Did the candidate:

32. explain the purpose of the procedure to the patient including the drop to be used?
33. instill appropriate anesthetic/fluorescein combo properly in one eye as indicated by the examiner?
34. adjust the biomicroscope illumination system properly?
35. provide proper instructions to the patient, including a fixation target?
36. assess and describe the cornea for staining prior to tonometry?
37. assess and describe the quality of the tear film prior to tonometry?
38. set the pressure on the probe at an appropriate level (8-12 mmHg)?
39. properly position the tonometer and align the probe?
40. applanate the cornea in a safe and efficient manner?
41. adjust the biomicroscope so that the fluorescein semicircular patterns are symmetrical and centered?
42. ensure the tonometer mires are of appropriate width?
43. properly align the tonometer mires?
44. safely retract the tonometer?
45. accurately state the obtained finding with time?
46. assess and accurately describe the cornea using the blue filter following tonometry?
47. perform the procedure in a smooth and logical sequence?

**SKILL 11, 3-MIRROR GONIOSCOPY**

**Did the candidate:**

- 48. explain the purpose of the procedure to the patient including the drop to be used?
- 49. properly prepare the gonioscopy lens and instill anesthetic into the appropriate eye?
- 50. provide adequate instructions to the patient?
- 51. insert the gonioscopy lens in a safe and efficient manner?

**Did the candidate:**

- 52. obtain and maintain a clear image of the **inferior quadrant** using the appropriate mirror?
- 53. accurately identify the inferior quadrant, the most posterior visible angle structure, and iris approach?
- 54. obtain and maintain a clear image of the **nasal quadrant** using the appropriate mirror?
- 55. accurately identify the nasal quadrant and the most posterior visible angle structure?
- 56. obtain and maintain a clear image of the **superior quadrant** using the appropriate mirror?
- 57. accurately identify the superior quadrant and the most posterior visible angle structure?
- 58. obtain and maintain a clear image of the **temporal quadrant** using the appropriate mirror?
- 59. accurately identify the temporal quadrant and the most posterior visible angle structure?

**Did the candidate:**

- 60. maintain control of the gonioscopy lens at all times?
- 61. remove the gonioscopy lens in a safe and efficient manner?
- 62. assess and accurately describe the corneal integrity at the conclusion of the procedure?
- 63. perform the procedure in a smooth and logical sequence?

**SKILL 12, COLLAGEN IMPLANT INSERTION AND REMOVAL**

**Did the candidate:**

- 64. explain the purpose of the procedure to the patient?
- 65. prepare the biomicroscope properly (set up illumination system, magnification)?
- 66. efficiently manipulate the implant prior to insertion without contaminating the implant?
- 67. instruct the patient regarding eye fixation?
- 68. insert half of the implant into the inferior punctum in a safe and efficient manner?
- 69. hold the implant in the punctum for 2-3 seconds before removing?
- 70. after removing the implant, accurately describe to the examiner how the implant should be moved into the horizontal canaliculus?
- 71. perform the procedure in a smooth and logical sequence?
SKILL 13, SOFT AND GP CONTACT LENS INSERTION, EVALUATION, AND REMOVAL

Did the candidate:

72. explain the purpose of the procedure to the patient?
73. properly wash his/her hands and dry them completely?

With respect to SCL preparation, did the candidate:

74. inspect the soft contact lens for any damage and describe its condition?
75. determine and state whether the soft contact lens is inside-out?

With respect to SCL insertion, did the candidate:

76. instruct the patient regarding eye fixation for inserting the soft contact lens?
77. immobilize the patient's lids properly without patient discomfort?
78. insert the soft contact lens properly?
79. release the lid properly after the soft contact lens insertion?
80. instruct the patient properly after completing the soft contact lens insertion?

With respect to GPCL preparation, did the candidate:

81. inspect the GP contact lens for any damage and describe its condition?
82. apply an appropriate GP rewetting solution to prepare the GP contact lens for insertion?

With respect to GPCL insertion, did the candidate:

83. instruct the patient regarding eye fixation for inserting the GP contact lens?
84. immobilize the patient's lids properly without patient discomfort?
85. insert the GP CL properly (without the use of any additional anesthetic)?
86. instruct the patient properly after completing GP CL insertion?

With respect to evaluation of the GPCL lenses, did the candidate:

87. properly instill fluorescein onto the conjunctiva of the eye with the GP contact lens?
88. properly position and instruct the patient within the biomicroscope?
89. insert the blue filter when evaluating the GP contact lens?
90. examine and accurately describe the movement of the GP contact lens in the primary position of gaze?
91. accurately describe the fluorescein pattern of the GP contact lens?
92. accurately describe the position of the GP contact lens?

With respect to evaluation of the SCL, did the candidate:

93. use white light to evaluate the soft contact lens?
94. examine and accurately describe the fit of the soft contact lens (coverage or centration)?
95. examine and accurately describe the initial rotation?
96. examine and accurately describe the movement of the soft contact lens in appropriate positions of gaze (primary and upgaze)?

With respect to contact lens removal, did the candidate:

97. properly wash his/her hands and dry them completely prior to removal of contact lenses?
98. instruct the patient regarding eye fixation when removing the contact lenses?
99. remove the soft contact lens safely and efficiently, discard into trash?
100. remove the GP contact lens safely and efficiently, place into case?
101. assess and describe the cornea for staining after removal of the GP contact lens?

Did the candidate:

102. provide proper room illumination during contact lens insertion and removal?
103. perform the procedures in a smooth and logical sequence?

**General Items**

**Did the candidate:**

104. maintain proper hygiene throughout the station?

**SP SCORING**

**Did the candidate:**

105. greet you in a professional manner?

106. provide an understandable explanation for the purpose of the Skills?

107. provide you with clear instructions throughout the Station?

108. perform the Station Skills in a smooth and efficient manner?

109. maintain a professional demeanor during the timed portion?

110. maintain proper hygiene throughout the Station?

111. ensure you were free from unnecessary pain/discomfort throughout the Station?